

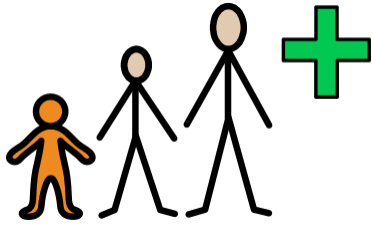
Transition



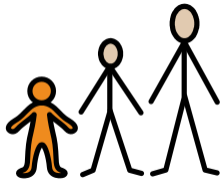
in



Healthcare



As you get older you will move from being looked by children's health services to adult health services.



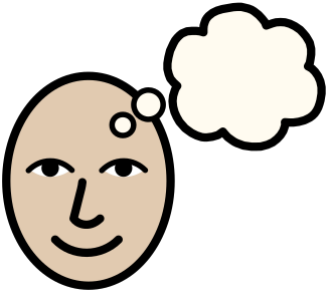
The move from a children's to adult health services is called transition.

16th

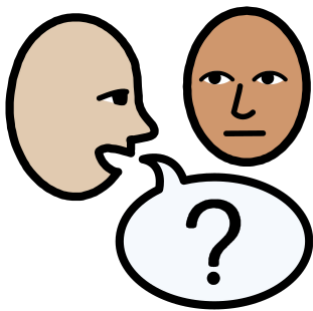
The move will usually happen after your 16th birthday.



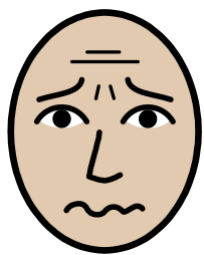
You might need to go to a different part of the hospital or clinic for appointments or admissions. It might look different.



It is a good idea to find out which part of the hospital or clinic you will move to and what it will be like.



Ask if you can meet the new doctors, nurses and other staff before you move.



It is normal to feel nervous when you move to somewhere new or talk to new staff.



The new staff will talk to you and your family to find out how to help you.



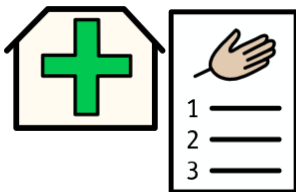
Your family doctor (GP) will take over your everyday healthcare.



Your GP will offer you an Annual Health check from the age of 14.



It is a good idea to have an health check every year so your GP can get to know you before you become an adult.



A Hospital Passport will help the staff who look after you now to know what is important to you and what your needs are.



Your parent/carer can still be involved in helping to make decisions about your care and treatment, if you need support with this.